

1

Dancing, I feel you love to dance it is a way of showing your expression. You have a great sense of humour and fun. [REDACTED]

[REDACTED] Would you mind if I said you like to be entertaining?

Having said all this I feel the real you is very deeply hidden and only those you allow to know you well see the sensitive person. I see a man standing behind you about 5'7" in height and quite stocky. I don't feel he would have been an office worker more ~~s~~ with the land. He tells me you demand a great deal from yourself so expect it from others. He feels you should relax your expectations a little this way you won't be let down. I do feel there is a baby girl in spirit she stands very close to you. Cakes, I am seeing a lot of cakes. Something I feel you once got pleasure from eating but now I feel you are keeping too strong a ~~g~~ eye on your weight - please relax this. A lady linking with your father is here now and asking me to let you know that she is with you and spirit are aware that you do talk to them especially when you are alone.

2

As I look at you I have someone placing a gold chain about your neck. I feel this is being given to you as a present. I feel it's more for achievement than a birthday present. The lady giving it to you says you should be very pleased with yourself because you have done very well - I have to say you overcame a lot of difficulties - personal ones. But I do have to say your personality is such that the more awkward a situation is the more determined you are to overcome it. I feel you are a mixture of both your parents and it is this that makes you strong. I feel you need to look more carefully at the things you eat, your diet needs to be a bit healthier. I get a teaching feeling with you, you wish to ~~share~~ share with others what you have learnt. I see you connecting with children (not the very young) I also see you as being very interested in sports & this is how you will teach children. Be happy with yourself & your achievements even though I feel some two or three years ago you were more interested in other fields of education.

I have a beautiful albatross dog standing near you. He is a magnificent bird in the name of Paul.

3

As you entered the room I felt the presence of a man standing with us. I do not feel he has been in spirit very long and that he would have passed I have to say suddenly & unexpectedly. I am being asked to say "Keep your chin up" things will get better. You are feeling very frustrated as every time you start a project there are hold ups and delays. In fact he says you are thinking of completely changing what you wish to do in the future - don't. Yes you are at times on what you feel is like sinking sand but this is only because for the first time in your life you are unsure of yourself. You are normally a very confident person but a series of events in your personal life has made you feel a little like jelly. You need to get your strength of character back. The gentleman is telling me he has been with your mother too. I am getting four yellow roses from him this tells me the number in the family of father your mother and three children. 2 girls & one boy. A great interest in swimming as well in fact most water sports. Allow your imagination free reign and stop doubting yourself.

You are so
let us. You must
flow your thoughts
& drift away not
hold onto them.
You are also getting
healing from

6

Spirit. I
feel around
your lower
back.

Oh! my dear (I have to address you like this because
spirit is telling me to do so) the person [redacted] addressing
you like this is a lady but she is accompanied
by two gentlemen. One I feel is linking with your
mother and the other is coming in on a strong father
link - his dad. The lady is telling me you almost
decided not to go ahead with the test as you were
very unsure who would come through. I have to
say you must have no worries only friends &
loved ones. The gentleman on dad's side is
showing me a uniform - an army one. He is also
placing a pair of boxing gloves on you. No, please
no actual fighting but you need to stand up for
yourself a bit [redacted] more. I feel you have lots
of answers in your head but you don't like pushing
yourself forward. The lady is on [redacted] mum's side
and she says she has been standing very close
to you, passing on encouragement & giving strength.
She is also telling me about your sleeping area, have
you just moved your bed? You are very fond of
music, in fact I get the impression that the man
[redacted] on dad's side would have play
an instrument, ~~the~~ a guitar. When you go to bed at
night allow yourself to relax. You don't sleep in too
relaxed a manner. You are also having dreams because

7

With you I have two people a man & a lady I feel they link with your mother's side of the family. The lady is laughing and saying your studies are taking you into new realms ones you did not expect to find or go to. The gentleman is saying you need to cheer up as I ~~sat~~ saw you I felt you were feeling low - not quite your normal happy self. You feel as if someone you trusted has let you down and you are feeling that you don't know how to deal with this emotion. You have a sister of whom you are very fond but you are both so different that you do tend to disagree.

I'm picking something about your father, an anxiety I'm being told by spirit that things will work out for him but I feel that won't be till later on this year August / September.

A visit to the dentist would be a good idea. Some thing very odd I've got to give it - a problem with a hoover. Do you not use it a great deal?? The lady & gentleman linking with Mum I feel he is a grandfather link but I don't see her as a grandmother more of an Aunt link. I feel though you enjoy London you much prefer freedom or that of the beautiful.

8

I am being told by two ladies in spirit that there is ~~going to be~~ some very good news a baby is expected. This will ^{give} a great deal of happiness. One of the ladies I feel links with your mother but not on a grand mother like more that of a close friend almost like a sister. She is saying that the last ~~eighteen~~ months have been a very hard job for you but you have succeeded very well. Have you felt as if at times your hair has almost felt as if it were standing on end, ~~this~~ this is because I have a gentleman standing behind you and he wants to make himself known he is family. I feel he would not have been very old when he passed but was ill. He needs the family to know that he is OK & progressing well in spirit gaining strength. Unfortunately, I can't get a family connection but as he leaves he talks about rich tea biscuits. I feel you should look forward to the next six to nine months with more positivity than you are at present. I feel its almost as if you dread the future because its the unknown. That's not how you should be. I feel you must look forward with excitement. You're rather fond of travel this will not come about if you only want to stay with what you know &

9

Blue eyes, a strange thing to start with especially as I can't see your face. But I have a lady in Spirit linking with your mother and she is mentioning these eyes. [REDACTED]

[REDACTED] it is this that gives you the I'll finish what I started attitude to life.

You are not one of life's followers more a leader. I thought you do this in I feel a quiet & not-obvious way. I also feel that you are very interested in Politics not so much in going to Parliament more from the background. Try & explain myself you want to fight for those who can't help or protect themselves like a lawyer perhaps Human Rights.

I feel you need to relax more, I must describe the lady with you she insists. About 5' - 5"2" tall, her hair I feel is naturally curly its a most beautiful gold/red colour she is a little round in the figure and before she passed into Spirit would have had trouble with her legs & feet.

I have been given the names of Pauline & James in Spirit. I also get the impression of a younger brother on the earth plain. This lady is telling me you will do well but you must have patience. Do you have very sensitive skin?

Because I am being told you need to take special care.

13

I feel that by Christmas this year you will ~~have~~ have made a lot of changes in your life. This will happen because that is how you want it.

I feel being told by a lady linking with your mum that you have decided boredom is not for you. I'm also being told by her that you don't give yourself enough credit for writing. You have a very fertile ~~to~~ imagination and you should make more use of it. I see a plaster on your left arm I feel I am being given this as a memory link for you. I have suddenly had a map of Italy placed before me, I feel you will be visiting there. Are you interested in the

nursing profession? The reason I asked this question some one - a lady placed a rather old fashioned nursing uniform on you the kind that would have been ~~worn~~ worn by the nurses in the army Queen Alexander's Corp. This lady would have served with them. I feel you are very much like her nothing secretive about you. A straight ~~forward~~ forward, honest person. You are I feel very much like your grand mother (mum's mum). ~~I'm~~ I'm being asked to say "don't change." If people don't like it they are not worth knowing. You have decided you want to know more about

I see you as running round in circles, you know the goals you wish to achieve but you have a bad habit of ~~going~~ going round the long way, ~~in fact~~ in fact I see you constantly fiddling with a ring, I feel it on your right hand. I get the impression that on your mother side there are a great deal of people in Spirit. I would also like to say that you do believe quite strongly in the Spirit World. This is a belief that I feel ~~run~~ runs through mum's side. I have to say that I have a lady with me who loved sewing and she says you need some very different hobbies to help you relax. I also have to say sorry ask have you just got your driving licence because I feel it is some thing you are very proud of. I have two ~~men's~~ men's names I feel both are on the earth Jahmation + Jack. I feel there is a man in Spirit linking on your father's side and his attitude to you is a very caring + protective one. I see him putting an arm around you. I'm also seeing a collection of what looks like pearl buttons. You must have the strength of your conviction. Don't just think what you feel say it. You are sometimes a little too soft, allowing people to get away with too much.

I am being told by two gentlemen in Spirit both linking with your mum that you have a great capacity to enjoy life. I laugh at the moment I feel that you are being very serious. One of the gentlemen I feel on an Uncle link is saying "you have forgotten how to laugh in recent days." You are being far too serious, the impression I am being given is, this change in you has come about because of your over-sensitive nature. I feel you have overheard chance remarks thought they were aimed at you & taken them wrongly to heart. One of the gentlemen I feel liked birds, I can see an aviary, I can also see what looks like an allotment. He liked being there it helped to relax him. I feel you will get the same kind of release and freedom from reading books (not study ones) he has also placed a ~~brooch~~ brooch on your shoulder that looks like a blue bird - this one is for luck. You don't need it but you feel you want ~~it~~ confirmation that Spirit are beside you. Why have Spirit just given me a big meat pie? I feel it is a memory link because I can hear them laughing. Three names from Spirit Edith, Alice & Joe.